

# Housing

Finding housing is hard, and it shouldn't be. Everyone needs a safe, comfortable place to live for themselves and their family. If your attempts to find housing have been so difficult you feel like crying or giving up, you are not the only one. There are not enough services for all of the people who need help, and the ones that do exist can be difficult to access.

One of the best things you can do is reach out to those who are in a position to help you. This could be family or friends, but Kamloops also has a number of housing advocates whose job is to listen to you and try to help. Don't give up. There are people who care about you who want to help you with this difficult problem.

**A good place to start** is by applying to be on the waitlists for housing at local organizations. Here are a few examples of non profit organizations that provide housing in Kamloops.

**ASK Wellness Centre**

[www.askwellness.ca/](http://www.askwellness.ca/)

**Canadian Mental Health Association**

[www.kamloops.cmha.bc.ca/](http://www.kamloops.cmha.bc.ca/)

**Elizabeth Fry Society**

[www.kamloopsefry.com/](http://www.kamloopsefry.com/)

**Interior Community Services**

[www.interiorcommunityservices.bc.ca/](http://www.interiorcommunityservices.bc.ca/)

**Seniors Outreach Services Society**

[www.kamseniorsoutreach.ca/](http://www.kamseniorsoutreach.ca/)

Another place to start is with the **BC Housing Housing Registry**. The Housing Registry is a centralized database for housing providers that contains current applicant information. Housing providers can use this information to find tenants when housing units become available.

[http://www.bchousing.org/Options/Subsidized\\_Housing/Apply/Apply-registry](http://www.bchousing.org/Options/Subsidized_Housing/Apply/Apply-registry)

**Kamloops Family Rent Bank**

The Rent Bank gives out small, low interest loans to keep people in their housing, or to keep utilities on. You can contact the rent bank at the Kamloops & District Elizabeth Fry Society tel. 250.374.2119.

You can find out about all of the housing in Kamloops through the Kamloops Homelessness Action Plan website [www.kamloopshap.ca](http://www.kamloopshap.ca). There is a report on housing there, and an inventory of all of the non-profit housing in Kamloops.

You are not alone, there is great need for affordable housing all across Canada, and many people are working towards solutions to the issues. Please leave your ideas and feedback under contact at [ewaykamloops.ca](http://ewaykamloops.ca) or contact the Kamloops Homelessness Action Plan.

